

LEVELING PLAYERS FOR USTA JUNIOR TEAM TENNIS

NATIONAL TENNIS RATING PROGRAM (NTRP)

The National Tennis Rating Program (NTRP), which defines the characteristics of a player's levels, is the official system for determining the levels of competition for the USTA Junior Team Tennis League.

GENERAL CHARACTERISTICS OF NTRP PLAYING LEVELS

BEGINNER	<p>1.0 Player is just starting to play tennis.</p> <p>1.5 Player has limited experience and is working primarily on getting the ball in play. Note to team coach/manager: <u>Player needs to coordinate moving when hitting the ball. In fact, player is still concentrating on getting the ball over the net from a stationary position. Player is learning to serve and keep score.</u></p> <p>2.0 Player lacks court experience and their strokes need developing. Player is familiar with the basic positions for singles and doubles play. Note to team coach/manager: <u>Player is now beginning to coordinate footwork but is not consistent in hitting the ball over the net. Player can serve to some degree, understands scoring as well as correct positions for serving and receiving, and has limited success with volleys.</u></p>
INTERMEDIATE	<p>2.5 Player is learning to judge where the ball is going, although their court coverage is limited. Player can sustain a short rally of slow pace with other players of the same ability. Note to team coach/manager: <u>Player can keep score unassisted, can call own lines, can serve overhand from the baseline, and has an understanding of the basic rules.</u></p> <p>3.0 Player is fairly consistent when hitting medium-paced shots, but is not comfortable with all strokes and lacks execution when trying for directional control, depth, or power. The most common doubles formation is one-up, one-back. Note to team coach/manager: <u>Player is improving court coverage and can sustain a rally and serve with consistency. On ground strokes, player needs to improve control of height, depth, direction, and speed.</u></p> <p>3.5 Player has achieved improved stroke dependability with directional control on moderate shots, but needs to develop depth and variety. They exhibit more aggressive net play, have improved court coverage, and are developing teamwork in doubles. Note to team coach/manager: <u>Player is starting to recognize opportunities to attack short balls by coming to net. Player is developing more spin and power on the serve and seldom double faults.</u></p> <p>4.0 Player has dependable strokes, including directional control and depth on both forehand and backhand sides on moderate-paced shots. Player can use lobs, overheads, approach shots, and volleys with some success and occasionally forces errors when serving. Rallies may be lost due to impatience. Teamwork in doubles is evident. Note to team coach/manager: <u>Player has added variety in shot selection by using lobs, overheads, volleys, and approach shots with some success. Player can develop a game plan.</u></p> <p>4.5 Player has developed use of power and spin and can handle pace. Player has sound footwork, can control depth of shots, and attempts to vary their game plan according to your opponents. Player can hit first serves with power and accuracy and place the second serve. They tend to over hit on difficult shots. Aggressive net play is common in doubles. Note to team coach/manager: <u>Player is developing an offensive weapon.</u></p> <p>5.0 Player has good shot anticipation and frequently has an outstanding shot or attribute around which a game may be structured. They can regularly hit winners or force errors off of short balls and can put away volleys. Player can successfully execute lobs, drop shots, half volleys, overhead smashes, and has good depth and spin on most second serves. Note to team coach/manager: <u>Player is match-wise and uses shots that have a high percentage of success in both singles and doubles.</u></p> <p>5.5 Player has mastered power and/or consistency as a major weapon. They can vary strategies and styles of play in a competitive situation and hit dependable shots in a stress situation.</p>